



## ARRAMPICA SITE SPECIFIC AUTO BELAYER SUPERVISOR

This course is to qualify staff to supervise climbing activities involving auto belays on a specific indoor or outdoor climbing wall. This DOES NOT include any supervision of bouldering or roped climbing but the training does include bottom roping for the purpose of rescue and inspection and servicing requirements of the auto-belay units. The course will include an element of training and assessment. The course needs to be held at the specific site.

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### COURSE DETAILS

The course will develop the skills and techniques to manage climbing groups using auto belays in a variety of situations. The delivery style and content will be matched to the skills and experience of the candidates and their specific site.

#### Theoretical course content:

- The climbing wall environment
- Supervision
- Safety considerations and risk assessment
- Auto Belay Systems
- Signage and codes of conduct
- Inspection and service of auto-belay units

#### Practical course content:

- Good practice
- Warm up and injury avoidance
- Group management
- Climbing games
- Movements skills and centre of balance
- Appropriate use of helmets and harnesses
- Appropriate attachment for different harnesses
- Organisation and briefings
- Bottom roping and competent belaying
- Rescues

- COURSE OUTCOMES

At the end of the course Individual feedback will be given to candidates.

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If the candidate has satisfied the requirements they will be awarded their Arrampica Site Specific Auto Belay Supervisor qualification. This qualification will remain valid for three years provided the candidate completes an annual CPD day. To re-validate the award, candidates must be re-assessed.

In the unfortunate event of a candidate failing to meet the standard required during the assessment, the assessor will discuss with them what they need to improve on and how to proceed.

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## COURSE PRE-REQUISITES

- Minimum age of 18 years
- Have an interest in supervising groups on a climbing wall using auto belays

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## WHAT'S INCLUDED?

- Instruction/Coaching
- Course information sheets
- Climbing equipment to illustrate appropriate use
- PDF certificate on successful completion of the course

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## KIT LIST – WHAT PARTICIPANTS NEED TO BRING

- Clothes suitable for climbing (including closed toe non-marking trainers)
- Food and drink
- Climbing harness (optional)

## REGISTRATION and BOOKING

Private closed courses can be booked to run anywhere in the UK or internationally. Please contact us to discuss your requirements including possible dates and fees.

Email [info@arrampica.com](mailto:info@arrampica.com) or call us on **08450 947 923**