



MOUNTAIN TRAINING CWDI ASSESSMENT AND REFRESHER COURSES

The **Climbing Wall Development Instructor** (CWDI) is a National Governing Body qualification for teaching lead climbing on artificial structures which have fixed protection. It is taken by climbers who already hold either the **Climbing Wall Instructor** (CWI) or the **Rock Climbing Instructor** (RCI) to further develop the skills involved teaching and supervising skills developed through these awards.

Please note prior to 2 April 2018 this course was named Climbing Wall Leading Award (CWLA), Climbing Wall Instructor (CWI) was Climbing Wall Award (CWA) and Rock Climbing Instructor (RCI) was Single Pitch Award (SPA).

ASSESSMENT COURSE DETAILS

When candidates book on to a Mountain Training Assessment course they will be sent a written home paper to be completed and returned for marking at least five days prior to the assessment date. We design our home papers to ensure that candidates have to research answers, which in turn helps them to be well prepared for their assessment day. During the assessment, all candidates will be given the opportunity to perform to the best of their ability in realistic conditions. Though this is an assessment course it will contain an element of training.

During the assessment, you will be assessed on:

- Logbook experience (personal climbing experience and experience assisting with the supervision of novice climbers)
- Theoretical and practical contents of the CWDI training (see below)
- Valid First Aid certificate
- Lead climbing and belaying on a French 6a grade climb.

Theoretical content:

- Safety chain with relevance to lead climbing
- Hazards presented to other site users
- Different climbing walls and structures
- Appropriate and inappropriate areas of a wall to teach lead climbing
- Dynamic risk assessments
- Skills required

Practical content:

- Identify suitable equipment appropriately for leading routes
 - A variety of belay devices and belay techniques
 - Hold and take leader falls
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- Plan individual sessions and programmes of activities with appropriate objectives
- Progressive coaching activities
- Common lead climbing problems
- Manage, develop and supervise lead climbers
- Technical instruction
- Climbing movement skills
- Climbing and non-climbing development activities

ASSESSMENT COURSE OUTCOMES

Individual feedback will be given to candidates after the assessment.

If the candidate has satisfied the requirements of the of the syllabus they will be awarded the Mountain Training Climbing Wall Leading Award qualification. This qualification will remain valid provided the candidate complies with Mountain Training Association CPD requirements.

In the event of a candidate failing to meet the standard required during the assessment, the assessor will discuss with them what they need to improve on and how to proceed.

ASSESSMENT COURSE PRE-REQUISITES

- Minimum age of 17 years
- Have completed a CWLA or CWDI training course (or been granted an exemption by MT)
- **Logbook: Personal climbing experience** – A minimum of 100 different lead climbs, at least half of which must be a grade of French 6a or above.
- **Logbook: Supervision** - Assisted or observed at least 5 teaching leading sessions delivered by a suitably qualified person
- We recommend you also Lead belay 100 climbs.
- Valid and relevant First Aid certificate

ASSESSMENT COURSE LOCATION, DATES and FEES

Westway Climbing Centre, London: London's premier roped climbing centre, this is a great centre for climbing and one of London's largest. There are 350 climbing routes on 110 rope lines up to 13.5m and up to 150 boulder problems.



XC Extreme Sports Centre, Hemel Hempstead: This impressive centre has 9 metre high bouldering walls and 15 metre high roped walls.

CWDI Assessment - The XC

4 March 2018 CWDI 9.00 am – 5.00 pm

Cost: CWDI Assessment £130

WHAT'S INCLUDED?

- Assessment
- Some climbing equipment to use in addition to your own
- A CWDI certificate can be downloaded from the Mountain Training website

KIT LIST – WHAT PARTICIPANTS NEED TO BRING

- Clothes suitable for climbing and hanging in harnesses
- An exceptionally warm jacket and hat
- Working Gloves
- You will need plenty of food and drink to sustain you
- Climbing shoes and climbing harness
- Your favourite climbing equipment including belay devices.

REGISTRATION and BOOKING

Use these links to book your place on these open courses


CWDI Assessment - <https://arrampicalimited.arlo.co/courses/1034-cwla-climbing-wall-lead-award-assessment-open-course>

Private closed courses can be booked to run anywhere in the UK or internationally.

CWDI (Refresher) Course A private closed course can be booked to refresh all the skills you learned on this scheme or you can register interest for the next open course.

Please contact us to discuss to discuss your requirements including possible dates and fees.

Email info@arrampica.com or call us on **08450 947 923**



Training, Qualifications and Support Services
for Artificial Adventure Facilities

www.arrampica.com



The Mountain Training website for climbing is <http://www.mountain-training.org/climbing>