



ERCA TRADITIONAL ROPES COURSE INSTRUCTOR

The ERCA Traditional Ropes Course Qualification is aimed at instructors who work on ropes courses and wish to gain more knowledge and experience and a widely recognised qualification.

COURSE DETAILS

A Traditional High Ropes course is usually a site that uses roped belay systems where participants belay each other (assisted belay systems), and may include elements such as a Leap of Faith or Jacob's Ladder.

They are primarily designed for developmental or educational purposes. ERCA Instructor qualifications are recognised at many ropes courses throughout the UK, Europe and other countries across the world.

This course follows the ERCA syllabus for the Traditional High Ropes Instructor Qualification and is fully compliant with EN15567 Part 2.

Theoretical course content:

- General knowledge and the role of the Instructor
- Norms and ERCA-Standards
- Laws and insurance
- Medical checks and exclusion criteria
- Site-specific regulations
- Emergency plans and general safety standards
- Equipment care and maintenance
- Basic knowledge of forces that can affect a ropes course
- Safety Systems

Practical course content:

- Instructing, assessing and supervising participants
- Knots and harnesses
- Preparation and operation of high elements
- Belaying Techniques
- Routine checks and inspections
- Accessing techniques
- Facilitation skills



The course consists of training and assessment, finishing with a summary practical assessment and a written multiple-choice paper.

COURSE ASSESSMENT and OUTCOMES

Upon successfully completing the course the candidate will be issued with the ERCA certificate for Traditional Ropes Course Instructor. This certificate is valid for three years.

To re-validate the award, candidates must either attend another ERCA course, or a 1-day refresher. Revalidation can be at any time within the three years, or within a one-year grace period after the certificate validity expires.

In the unfortunate event of you failing to meet the standard required during the summary assessment, the trainer will discuss what you need to improve on and how to proceed. You then are permitted two further attempts at re-assessment on separate occasions before you would have to retake the full training element of the course. Appeal procedures are in place and details will be provided and can also found on the ERCA website.

COURSE PRE-REQUISITES

- Participants must be of a minimum age of 18 years old
 - Hold a valid First Aid certificate
 - Physically fit enough to take part in a ropes course activity
 - Capable of working at height
 - At least one-day prior experience on a Traditional Ropes Course
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COURSE LOCATION, DATES and FEES

Location: ALF Villages, Green Park Centre, Coach House, Aston Clinton, HP22 5NE
This friendly centre with excellent facilities has a great variety of Ropes Course elements for us to train on and gain the maximum from the four days.

Dates: 19 - 22 February 2018, from 9.00am – 6.00pm

Course Fees: £348.00



WHAT'S INCLUDED?

- Instruction/Coaching
- Course booklet
- Equipment hire for the two days
- ERCA registration & pdf certificate on successful completion

For an additional fee, full board accommodation, consisting of dormitory accommodation and 3 meals per day can be provided by Green Park Centre.

Please contact them directly on 033 03 03 01 01 or by email at bookings@alfcharity.org

KIT LIST – WHAT PARTICIPANTS NEED TO BRING

- Exceptionally warm clothes including a jacket, hat and gloves
- Full waterproofs
- Boots/trainers
- Working gloves
- You will need plenty of food and drink to sustain you
- Sunblock

REGISTRATION and BOOKING

To book your place on this course, visit:

<https://arrampicalimited.arlo.co/courses/3112-erca-traditional-ropes-course-instructor>

Private closed courses can be booked to run anywhere in the UK or internationally.
Please contact us to discuss to discuss your requirements including possible dates and fees.

Email info@arrampica.com or call us on **08450 947 923**.

The European Ropes Course Association website is <https://www.erca.cc/index.php/en/>