



## ERCA CONVERSION COURSE (Traditional Ropes Course Instructor)

The ERCA Conversion Course is designed for existing instructors with a significant amount of experience running activity sessions on traditional ropes courses, who also hold a valid ropes course rescue qualification. This means the training time needed is halved. This course aims to qualify instructors to work on traditional ropes courses, covering all types of assisted belay system activities.

---

### COURSE DETAILS

A Traditional High Ropes course is usually a site that uses roped belay systems where participants belay each other (assisted belay systems), and may include elements such as a Leap of Faith or Jacob's Ladder. They are primarily designed for developmental or educational purposes.

ERCA Instructor qualifications are recognised at many ropes courses throughout the UK, Europe and other countries across the world. This course follows the ERCA syllabus for the Traditional High Ropes Instructor Qualification and is fully compliant with EN15567 Part 2.

#### **Theoretical course content:**

- General knowledge and the role of the Instructor
- Norms and ERCA-Standards
- Laws and insurance
- Medical checks and exclusion criteria
- Site-specific regulations
- Emergency plans and general safety standards
- Equipment care and maintenance
- Basic knowledge of forces that can affect a ropes course
- Safety Systems

#### **Practical course content:**

- Instructing, assessing and supervising participants
- Knots and harnesses
- Preparation and operation of high elements
- Belaying Techniques
- Routine checks and inspections
- Accessing techniques
- Facilitation skills



The course consists of training and assessment, finishing with a summary practical assessment and a written multiple-choice paper.

## COURSE ASSESSMENT and OUTCOMES

Upon successfully completing the course the candidate will be issued with the ERCA certificate for Traditional Ropes Course Instructor. This certificate is valid for three years.

To re-validate the award, candidates must either attend another ERCA course, or a 1-day refresher. Revalidation can be at any time within the three years, or within a one-year grace period after the certificate validity expires.

In the unfortunate event of you failing to meet the standard required during the summary assessment, the trainer will discuss what you need to improve on and how to proceed. You then are permitted two further attempts at re-assessment on separate occasions before you would have to retake the full training element of the course. Appeal procedures are in place and details will be provided and can also found on the ERCA website.

---

## COURSE PRE-REQUISITES

- Participants must be of a minimum age of 18 years old
- Hold a valid First Aid certificate (Minimum 6 hours to include CPR)
- Physically fit enough to take part in a ropes course activity
- Capable of working at height
- Familiar with carrying out regular operational inspections of a ropes course structure
- Significant prior experience instructing sessions on traditional high ropes courses
- Existing instructor award in similar activity (involving problem solving/rescue procedures)

Candidates will be required to email details of how they meet the above criteria well in advance of the course. Any candidates who are deemed to not sufficiently satisfy these criteria will be notified in advance of the course and issued a full refund. Refunds will not be issued to any candidates who attend the course and regrettably do not meet the standard required during the course assessment.

Please email Tom ([tom@arrampica.com](mailto:tom@arrampica.com)) and check you are eligible to attend this course.



---

## COURSE LOCATION, DATES and FEES

**Course Location:** ALF Villages, Green Park Centre, Aston Clinton, Aylesbury HP22 5NE

*This friendly centre with excellent facilities has a great variety of Ropes Course elements for us to train on and gain the maximum from the two days.*

**Course Dates:** 26 & 27 March 2018 9.00 am – 6.00 pm

**Course Fees:** £276.00

---

## WHAT'S INCLUDED?

- Instruction/Coaching
- Course booklet
- Equipment hire for the two days
- ERCA registration & pdf certificate on successful completion

For an additional fee, full board accommodation, consisting of dormitory accommodation and 3 meals per day can be provided by Green Park. Please contact them directly on Phone: 033 03 03 01 01 or Email: [bookings@alfcharity.org](mailto:bookings@alfcharity.org)


---

## KIT LIST – WHAT PARTICIPANTS NEED TO BRING

- Exceptionally warm clothes including a jacket, hat and gloves
- Full waterproofs
- Boots/trainers
- Working gloves
- You will need plenty of food and drink to sustain you
- Sunblock

---

## REGISTRATION and BOOKING



Training, Qualifications and Support Services  
for Artificial Adventure Facilities

[www.arrampica.com](http://www.arrampica.com)



To book your place on this course, visit <https://arrampicalimited.arlo.co/courses/3115-erca-conversion-course-traditional-ropes-course-instructor>

Private closed courses can be booked to run anywhere in the UK or internationally.  
Please contact us to discuss to discuss your requirements including possible dates and fees.

Email [info@arrampica.com](mailto:info@arrampica.com) or call us on **08450 947 923**.

The European Ropes Course Association website is <https://www.erca.cc/index.php/en/>