



## ERCA ADVENTURE PARK INSTRUCTOR (Self Belay System)

The ERCA Adventure Park Instructor qualification covers any ropes courses where the participant remains attached to the safety system throughout the experience. These are any ropes courses where the participant remains attached to the safety system throughout the experience; i.e. they do not need anyone else to belay them, but they do need to have been taught to operate equipment in order to safely proceed across the elements on the adventure park.. This course will qualify Instructors to work on Adventure Parks with Self Belay Systems.

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### COURSE DETAILS

Adventure parks are ropes courses designed primarily for recreation. This course trains and assesses candidates to instruct on Self Belay Systems.

ERCA Instructor qualifications are recognised at many ropes courses throughout the UK, Europe and across the world. This course follows the ERCA syllabus for the Adventure Park Instructor Qualification and is fully compliant with EN15567 Part 2.

#### **Theoretical course content:**

- General knowledge and the role of the Instructor
- Norms and ERCA-Standards
- Laws and insurance
- Medical checks and exclusion criteria
- Site-specific regulations
- Emergency plans and general safety standards
- Equipment care and maintenance
- Basic knowledge of forces that can affect a ropes course
- Communication

#### **Practical course content:**

- Instructing, assessing and supervising participants
- Knots and harnesses
- Preparation and operation of high elements
- Routine checks and inspections
- Accessing techniques
- Facilitation skills
- Self-belay techniques

The course consists of training and assessment, finishing with a summary practical assessment and a written multiple-choice paper.



## COURSE ASSESSMENT and OUTCOMES

Upon successfully completing the course the candidate will be issued with the ERCA certificate for ERCA Adventure Park Instructor (Self Belay System). This certificate is valid for three years.

To re-validate the award, candidates must either attend another ERCA course, or a 1-day refresher. Revalidation can be at any time within the three years, or within a one-year grace period after the certificate validity expires.

In the unfortunate event of you failing to meet the standard required during the summary assessment, the trainer will discuss what you need to improve on and how to proceed. You then are permitted two further attempts at re-assessment on separate occasions before you would have to retake the full training element of the course. Appeal procedures are in place and details will be provided and also found on the ERCA website.

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## COURSE PRE-REQUISITES

- Participants must be of a minimum age of 18 years old
- Hold a valid First Aid certificate
- Physically fit enough to take part in a ropes course activity
- Capable of working at height
- At least one day prior experience on an Adventure Park Ropes Course

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## WHAT'S INCLUDED?

- Instruction/Coaching
- Course booklet
- Equipment hire for the two days
- ERCA registration & pdf certificate on successful completion

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## KIT LIST – WHAT PARTICIPANTS NEED TO BRING

- Exceptionally warm clothes including a jacket, hat and gloves
- Full waterproofs



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- Boots/trainers
- Working gloves
- You will need plenty of food and drink to sustain you
- Sunblock

## REGISTRATION and BOOKING

Private closed courses can be booked to run anywhere in the UK or internationally.  
Please contact us to discuss to discuss your requirements including possible dates and fees.

Email [info@arrampica.com](mailto:info@arrampica.com) or call us on **08450 947 923**.

The European Ropes Course Association website is <https://www.erca.cc/index.php/en/>