



## ARRAMPICA SITE-SPECIFIC RESCUER

The ARRAMPICA Site Specific Rescuer qualification is aimed at instructors who are already qualified either as an ARRAMPICA Site Specific Instructor (Adventure Park, Traditional Ropes or zip wire). Every site needs designated rescuers who are trained to rescue a customer or member of staff who is stuck at height. This course will only qualify instructors to perform rescues at one specific site and will focus on systems at that particular site.

### COURSE DETAILS

The ARRAMPICA Site-Specific course will only cover the parts of the syllabus that we decide are relevant to the techniques detailed in the local operations manual for removing participants or local course inspectors from the course at height and safely getting them to ground.

This course covers the rescue and recovery to the ground of participants or staff who are in need of rescue at height on any type of ropes course. For example: a member of staff becoming stuck during an operational check. However, the aim of the course is to develop skills that can be used to avoid situations that could necessitate a rescue in the first place. Much time is spent covering risk minimising options that enable those stuck at height to be lowered to the ground without the need for a complex rescue. The course develops the ability to assess the operations on site, consider the alternatives to reduce the risk of requiring a rescue, and choose the equipment and techniques most appropriate for a simple effective rescue.

ARRAMPICA Instructor qualifications will train your staff according to current best practice and relevant legislation and are recognised by insurance companies. This course is fully compliant with EN15567 Part 2

#### **Theoretical course content:**

- Norms and ARRAMPICA-Standards
- Risk assessment
- Emergency plans
- Environmental influences
- Emotional wellbeing of users

#### **Practical course content:**

- Self-belay and accessing techniques
- Lowering of users (Unaccompanied/Passive Rescue)
- Evacuation of users

The course consists of training and assessment, finishing with a summary practical assessment and a written multiple-choice paper.



## COURSE ASSESSMENT and OUTCOMES

Upon passing the course candidates will be issued with the ARRAMPICA certificate for Site Specific Rescuer Award. This certificate is valid for three years.

To re-validate the award, candidates must either attend another ARRAMPICA course, or a 1-day refresher. Revalidation can be at any time within the three years, or within a one-year grace period after the certificate validity expires.

In the unfortunate event of a candidate failing to meet the standard required during the summary assessment, the trainer will discuss what they need to improve on and how to proceed.

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## COURSE PRE-REQUISITES

- Participants must be of a minimum age of 18 years old
- Hold a valid First Aid certificate
- Physically fit enough to take part in a ropes course activity
- Capable of working at height
- Must hold an ARRAMPICA Site Specific Instructor (Adventure Park, Traditional Ropes or Zip Wire) qualification

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## WHAT'S INCLUDED?

- Instruction/Coaching
- Course booklet
- Equipment hire for the two days
- ARRAMPICA registration & pdf certificate on successful completion

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## KIT LIST – WHAT PARTICIPANTS NEED TO BRING

- Exceptionally warm clothes including a jacket, hat and gloves
- Full waterproofs
- Boots/trainers
- Working gloves
- You will need plenty of food and drink to sustain you
- Sunblock



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[www.arrampica.com](http://www.arrampica.com)



## REGISTRATION and BOOKING

Private ARRAMPICA courses can be booked to run at any ropes course in the UK or internationally.

Please contact us to discuss to discuss your requirements including possible dates and fees.

Email [info@arrampica.com](mailto:info@arrampica.com) or call us on **08450 947 923**